

Board of Directors

(as of January 1, 2009)

Candace Scott
President

Luc Rivet
Vice President

Linda Fredette
Secretary/Treasurer

Rev. Henk Willems
Director

Chris Massicotte
Director

Dr. Christine Pun
Director

Sue Jensen
Director

Mark Hutchinson
Director

Cheryl Grant
Director

Staff Members

(2008 - 2009)

Shelley Watt Proulx
Executive Director

Brenda Frattini
Assistant Director

Nicole Bernatchez
Receptionist

Andy Lalonde
Adult Addiction/Problem Gambling
Counsellor

Louise Poitras
Sexual Assault/Family Violence/
Partner Assault Counsellor

Therese Boisvenue
Family Violence Counsellor

Steven Long
Youth Outreach Counsellor

Janice Martell
Family Addiction/General Counsellor

Lesley Orser
Seniors Addiction Counsellor

Cheryl Meawasige
Sexual Assault Counsellor

Murray Warner
Partner Assault Group Co-facilitator

Angelo D'Amato
Partner Assault Group Co-facilitator

Louise Greco
Casual Receptionist



counselling centre of east algoma
centre de counselling d'algoma est

AGM Report | September 2009

The financial information provided in the Annual Report is a summary only of information contained in the Centre's audited financial statements. Copies of the Audited Financial Statements are available upon request.

The Centre gratefully acknowledges funding from the Ministry of Community and Social Services, Ministry of the Attorney General and the North East Local Health Integration Network.

Message from the Board Chair

Despite the fact we have not had any summer weather to signal the end of the season, autumn signals the end of another busy and successful year here at the Elliot Lake Family Life Centre – or should I say the Counseling Centre of East Algoma! This year's AGM is particularly exciting as it marks the official launch of the centre's new name and logo which is a considerable update.

Our new identity was meant to achieve a certain objective: to be instantly recognized for we are and what we do. Hence the straight forward new name. The new handle also better represents the geographical area that we serve considering the fact that we also maintain an office in Blind River and see clients from across the Algoma District. The new logo, being the butterfly you will see in today's AGM material, was chosen to symbolize the gentle and helpful side of the centre with an undertone that outcomes will be positive. The butterfly is the symbol of change, progression and perseverance; all of which are attributes the Counseling Centre of East Algoma can attest to.

This is not the only objective that the board of directors has realized. In November 2007, the board undertook a weekend retreat and completed a strategic planning exercise. At that time we also agreed that the agency would be strengthened if we were able to recruit and retain a full complement of dynamic and competent board members who are representative of the population we serve. Since then we have been fortunate to welcome Cheryl Grant and Mark Hutchinson to our group and unfortunately we have lost the skills and abilities of Art Young although we know we still have his support. The board of directors will refocus on their objectives in a follow up retreat this year and at that time determine how best to proceed to in the future.

The past year was a busy one and both board and staff were kept busy working on items such as accreditation. I am pleased to confirm that we have been re-accredited for another five year term with Family Service Ontario. This was an extensive process and a special thank you goes out to everyone who really stepped up and got involved. Other items of mention: the ongoing process of understanding and aligning ourselves with the LHIN (Local Health Integration Network), adapting to a new computer system and intake process, and the launch of our website which I encourage you to visit at www.counselingeastalgoma.ca.

On the ground floor we continue to assist many of our residents with valuable services and have in fact expanded some of our programs in order to better reach any and all residents that may be in need of mental health and addiction services. Our executive director, Shelley Watt Proulx, has brought a refreshing and forward thinking vision to the organization and I have no doubt she will continue to lead us to many more advancements and improvements. We are fortunate to have a thoughtful, knowledgeable and committed team in all of our staff; namely Andy, Brenda, Cheryl, Janice, Lesley, Louise, Nicole, Therese and Steve. I would be remiss if I did not acknowledge the contract staff who share their skills with us on an as needed basis – thank you Angelo, Murray and Louise! We work in collaboration with many sister organizations and only through continued joint efforts can we realize each other's full potential. And finally to the residents of the Algoma District thank you for your continued support.

Respectfully Submitted
Candace Scott
 Board Chair

Statement of Operations

Year ended March 31, 2009 with comparative figures for 2008

	2009	2008
Revenue:		
Deferred contributions, beginning of year	\$ 3,000	3,000
Provincial grants and subsidies	605,539	589,848
Counselling fees	70,635	73,884
Ministry of Health - software (note 1)	35,268	-
Fundraising income (note 5)	27,952	-
Interest and other income	9,859	10,898
Administration recoveries	6,405	6,405
	758,658	684,035
Expenditure:		
Salaries and wages	458,518	392,437
Employee benefits	80,722	80,263
Software costs (note 1)	35,268	-
Rent	29,388	32,890
Travel	19,221	17,844
Office and general	18,833	16,836
Fundraising (note 5)	15,504	-
Insurance	14,203	14,458
Program supplies and materials	13,168	21,248
Telephone	12,842	9,762
Professional fees	10,290	7,297
Memberships	9,458	4,081
Capital expenditures (note 1)	6,877	30,571
Staff training	5,176	5,295
Advertising	5,156	11,837
	734,624	644,819
Excess of revenue over expenditure before under noted items	24,034	39,216
Adjustment to Ministry of the Attorney General	-	1,501
Paid to Ministry of Health and Long-Term Care	-	(15,832)
Adjustment to Ministry of Community and Social Services	-	12,217
Deferred contributions, end of year (note 2)	(3,000)	(3,000)
Excess contributions, end of year (note 2)	\$21,034	\$34,102

What We Do

The Counselling Centre of East Algoma is a community based counselling agency which offers confidential counselling services to individuals, couples, families and groups in several different program areas. We are committed to providing services that are accessible to any member of the communities of Elliot Lake, Blind River and the North Shore, regardless of their background, socioeconomic status, race, religion or ethnicity. Our counsellors work with clients 'where they are at' to assist clients in gaining understanding of their circumstances and make changes that will help them move toward a healthier future.

Program Areas

Addictions: Funded by the Local Health Integration Network (LHIN), this program offers counselling to individuals struggling with their misuse and/or abuse of substances. Services are also offered to those individuals affected by someone else's abuse or misuse of substances. The addiction program has three specific program streams; seniors, adult and youth. This program also encompasses services for individuals experiencing problem gambling as well as supports family members of the problem gambler. The problem gambling program is offered in partnership with Sault Area Hospitals.

Family Violence:

Funded by the Ministry of Community and Social Services, this program provides advocacy and support to women who have been victims of abuse within their partner relationships. Abuse can be physical, emotional, sexual, and/or financial. The goal of this program is to make our community safer for women and children, while fostering change initiated at the clients pace.

Sexual Assault:

Jointly funded by the Ministry of Community and Social Services, the Local Health Integration Network, and the Ministry of the Attorney General. This program provides advocacy and support to women over the age of 16 who have experienced sexual abuse/assault. Services are offered in either individual or group format with the underlying program goal of promoting healing and wellness among survivors.

Partner Assault Program:

Funded by the Ministry of the Attorney General, the PAR program aims to eliminate violence against women and children by holding perpetrators of family violence accountable for their actions. This program is a 16 week group for male perpetrators of abuse within their partner relationships. Female perpetrators of family violence are offered service on a case by case basis.

General Counselling:

Clients who receive counselling within the general program are coping with stressors which do not fall into one of the other program areas. Some of these issues might be: anxiety/stress, couple conflict, grief, self-esteem, anger management, parent/child relationship, male survivors of sexual abuse/assault, tragic events response etc. This program is not Ministry funded and only a portion of these clients have their counselling paid through Employee Assistance Programs. Clients who can afford to, will pay for a portion of the costs associated with their counselling.

Mission Statement

The Counselling Centre of East Algoma is committed to promoting healthy solutions to individual and family problems through professional counselling programs and community education.

Program Statistics 08/09

FAMILY ADDICTION PROGRAM

Total number of cases (individual/family)	84
Total number of new cases	38
Average number of counselling sessions	3.8

SENIORS OUTREACH PROGRAM

Total number of cases (individual/family)	36
Total number of new cases	18
Average number of counselling sessions	5.6
Total number of groups	1
Total number of group participants	13

YOUTH OUTREACH PROGRAM

Total number of cases (individual/family)	84
Total number of new cases	40
Average number of counselling sessions	2.9
Total number of groups	2
Total number of group participants	47

VIOLENCE AGAINST WOMEN

Total number of cases (individual/family)	65
Total number of new cases	24
Average number of counselling sessions	4
Total number of groups	3
Total number of group participants	42

SEXUAL ASSAULT

Total number of cases (individual/family)	70
Total number of new cases	26
Average number of counselling sessions	4.3
Total number of group participants	12
Total number of groups	1

GENERAL COUNSELLING

Total number of cases (individual/family)	252
Total number of new cases	107
Total number of intakes	229
Total number of PAR group participants	48 (Males and Females)
Smoking Cessation clients	2

GAMBLING

Total number of cases (individual/family)	11
Total number of new cases	6

EMPLOYEE ASSISTANCE CONTRACTS

Number of Employee Assistance Program Contracts	11
Number of Employees/family members assisted	110
Total employee assistance hours	744

FEES FOR SERVICE CONTRACTS

Total number of contracts	3
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TOTAL AGENCY

	LAST YEAR	THIS YEAR
Total number of cases (individual/family)	718	773
Total number of new cases	234	302
Total number of intakes	601	675
Total number of male clients	282	288
Total number of female clients	436	485