



CCEA Annual Report | **2016**



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Ontario

Counselling Centre of East Algoma

9 Oakland Blvd., Suite 2

Elliot Lake, ON P5A 2T1

Telephone: (705) 848-2585

www.counsellingeastalgoma.ca



Report to the Membership

Since my last report to the membership of the Counselling Centre of East Algoma, our agency has been honoured to be one of only seven organizations to receive funding from the Ontario Women's Directorate's Innovation Fund across the province of Ontario. The support of OWD has allowed us to expand our crisis services so that we can have a full time presence in the Blind River community. Our crisis worker will respond to clients along the North Shore corridor from Spanish to Iron Bridge. Additionally, the OWD has funded us to hire our first ever educator, whose role will be to ensure information and education is shared within East Algoma with a focus on youth and changing the conversation related to sexual assault and issues of consent, while also providing information on how to access service and/or pursue criminal charges if that is the individual's preference.

I am pleased to welcome Christina Hutton and Brandon Smith to our agency in the roles of crisis counsellor and community educator respectively. Our agency also welcomes Diandra Bellerose to the sexual assault program and Taylor Kozachanko who joins us on a temporary contract. The Counselling Centre expanded our 'family' in another way too, as we welcomed the safe and healthy arrivals of Xavier Stewart in September 2015 and Theo Chi in January 2016. We have all enjoyed the visits of these children and are anxious to have their mothers Rebecca and Kendall back with us on a full time basis.

The agency did experience a reduction in our addictions programming with a loss of our problem gambling funding. We are committed to working with Sault Area Hospital to ensure timely and appropriate access to this very important programming. Other changes we have experienced this past year include changing our hours so that the agency is open throughout the lunch hour as well as until 8PM on Mondays. We were able to accommodate requests from two staff members to reduce their work week from full to part time, and I have very much appreciated the collaboration of staff in determining the schedules that have facilitated our needs.

While we are extremely fortunate to work with a dedicated and committed staff group, we are also grateful for the collaborative partnerships we enjoy with other service providers. We feel confident that our involvement with partners on working groups and committees tasked with improving service delivery to clients, ensuring efficiencies within the system and delivering education and information to the community are making positive change for our clients and our community overall.

Report to the Membership

As we work to prepare our new location in Blind River, we must thank Algoma Family Services, who have so generously shared their Blind River location with us for the past 10 years. While we would have loved to continue this co-location, our expansion could not be accommodated within their space. Our staff will work diligently to ensure that the relationships and synergies that we enjoyed in our co located space are not lost in our move.

This year our clinicians worked with just under 1500 individuals across our many programs and services. I would be remiss if I did not acknowledge the clients that we see as the life blood of our agency. We are continually humbled by your collective strength.

Respectfully Submitted

Shelley Watt Proulx, MSW, RSW
Executive Director



Message from the Chair

This year our board worked diligently to accomplish a couple of goals we had set for ourselves. We found that completing a fulsome evaluation of the Executive Director was a bigger job than we expected, but are happy that we took the time to gather input and feedback from a number of sources. We met with our MCSS program supervisor who provided us with updates and expectations for our work with their ministry and we will be completing some board refresher training and a strategic planning session this fall. There is more to do however, including updating our job descriptions and completing a full review of all policies to ensure consistency with our Collective Agreement. Our to do list grows!

The good news is that we have an exciting year underway with new programs being offered in a new location. Our Executive Director secured two years funding which provides increased crisis and education services in the area of sexual assault. Well done. We want to thank all of our partners for their continuing support as we all work together. Particular work has been done this year with the OPP forging together to meet gaps in our community, particularly addressing the elderly, and those people who struggle with mental health issues.

As we look at the scope of services, we get a better understanding of the people in our community. Right now Elliot Lake has a population that is more diverse than it has been since the closing down of the mines in the early 90's. You will see more kids playing soccer, at the swimming pool and chasing Pokemon Go Ghosts around.

We appreciate our counsellors providing support and guidance to people experiencing a vast array of situations including family dynamics, depression, student age struggles, addiction problems, and crisis management for instance. A sincere thank you for the professional and effective counselling you provide. There is not a lot of rah rah from the community as counselling can be an undercover job but we hear, we know and we appreciate your hours spent quietly working.

Thank you to our administrative staff for their continuing excellent work. It is a matter of pride to be associated with this agency. Our administration team is so very well respected and we strive to emulate the care and attention to community service modelled by them.

Finally thank you to my fellow board members who bring thoughtful analysis, lots of humour and a genuine heart for the work being done at CCEA. I look forward to heckling the new chairperson along with the rest of you. And of course, I wish for World Peace.

Respectfully Submitted,
Cindy Britton-Foster, Board Chair

Staff

as of September 1, 2016

Nicole Bernatchez, Receptionist
Diandra Bellerose, Counsellor
Therese Boisvenue, Counsellor
Kendall Evans, Counsellor
Brenda Frattini, Assistant Director
Louise Halman, Data Integrity Specialist
Taylor Kozachanko, Counsellor
Andy Lalonde, Counsellor
Janice Martell, Counsellor
Katrina Meechan, Counsellor
Louise Poitras, Counsellor
Rebecca Stewart, Clinical Manager
Monica Thompson, Counsellor
Shelley Watt Proulx, Executive Director

Board Members

as of September 1, 2016

Cindy Britton-Foster, Board Chair
Tammi Beeson, Vice Chair
Lee Buck, Secretary/Treasurer
Henk Willems, Director
Mark Hutchinson, Director
Candace Scott Martin, Director
Vince Ucci, Director
Lara Hukezalie, Director
Brian Beauchamp, Director



Mission

The Counselling Centre of East Algoma is committed to **promoting healthy solutions to individual and family problems through professional counselling programs and community education.**

What We Do

The Counselling Centre of East Algoma is a community based counselling agency that offers confidential counselling services to individuals, couples, families and groups in several different program areas. **We are committed to providing services that are accessible to anyone living or visiting in East Algoma, regardless of their background, socioeconomic status, race, religion or ethnicity. We emphasize personal growth.**



Programs and Services

Addiction Counselling

Counselling for individuals age 12 and over struggling with addictive behaviours or misuse/abuse of alcohol and/or substances. Services are also offered to individuals affected by someone else's addiction or addictive behaviours.

Sexual Assault Program

This program provides advocacy and support to women age 16 and over who have experienced sexual abuse and/or assault. The goal of the program is to promote healing and wellness among survivors.

Support Services for Male Survivors

This program provides advocacy and support to men age 16 and over who have experienced sexual abuse or assault. This program provides a safe, supportive environment where men can learn positive coping skills and develop strategies that will help them regain a sense of control over their lives.

Partner Assault Response Program

The Partner Assault Response Program (PAR) aims to eliminate violence against women/men and children by holding perpetrators of family violence accountable for their actions.

Violence Against Women

This program provides advocacy and support to women 16 years of age and over who have been victims of abuse within their partner relationships. Abuse can be physical, emotional, sexual, and/or financial. We are pleased to partner with Maplegate House for Women staff to offer the Women for Change group and staff from Algoma Family Services to offer the Creating Connections group for children who have witnessed violence between their caregivers.

General Counselling Program

This program is for individuals age 12 and over who require professional counselling to help them deal with life's stressors. Examples of issues addressed in this program are, but not limited to: anxiety/stress, couple conflict, grief, self-esteem, workplace stress, parent/child relationship.

Crisis Response Service

This program offers support and counselling either in person, on the telephone or in the community. After hours and weekend support is available through our partnership with Sault Area Hospitals Crisis Service.

Program Statistics 2015/16

Addictions Program

Total number of cases.....	131
Average counselling sessions.....	6
Total number of groups	3

Violence Against Women

Total number of cases.....	54
Average counselling sessions.....	5
Total number of groups	2

Sexual Assault Program (female)

Total number of cases.....	64
Average counselling sessions.....	6
Total number of groups	2

Sexual Assault Program (male)

Total number of cases	28
Average counselling sessions	4
Total number of groups	1

Partner Assault Response Program

Total number of cases.....	27
Average counselling sessions.....	12
Total number of groups	6

General Counselling

Total number of cases	706
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Crisis Program

Unique individuals served	320
Crisis responses	1216

Employee Assistance Contracts

Number of EAP contracts.....	12
Total number of cases.....	160

Educational Sessions

Total number of sessions.....	44
Total number of participants	295

Financial Statements

The financial information provided in the Annual Report is a summary only of information contained in the Centre's audited financial statements. Copies of the Audited Financial Statements are available upon request.

The Centre gratefully acknowledges funding from the Ministry of Community and Social Services, Ministry of the Attorney General, Ontario Women's Directorate and the North East Local Health Integration Network. We would also like to acknowledge our partnerships with Sault Area Hospital and the Thunder Bay Counselling Centre.



Statement of Operations

Year ended March 31, 2016 with comparative figures for 2015

Revenues:	2016	2015
Deferred contributions, beginning of year	\$ 3,138	\$ -
Provincial grants and subsidies	1,118,047	909,573
Counselling fees	62,056	68,852
Fundraising	7,980	-
Interest and other income	51,798	53,445
Less: Deferred contributions, end of year	(185,720)	(3,138)
	1,057,299	1,028,732
Expenditures	2016	2015
Salaries and Wages	651,931	682,288
Employee Benefits	113,995	126,881
Professional Fees	50,752	132,386
Office and General	51,628	31,050
Rent	32,501	33,901
Program supplies and materials	23,289	17,244
Travel.....	19,358	22,484
Memberships	17,812	6,221
Insurance	16,096	13,581
Telephone	15,384	16,144
Staff Training	11,179	5,817
Capital Expenditures (Note 2a)	9,744	1,910
Fundraising	7,980	-
Advertising	798	-
	1,022,447	1,089,907
Excess (deficiency) of revenues over expenditures, before undernoted item	34,852	(61,175)
Funding repaid or repayable.....	-	-
Excess (deficiency) of revenues over expenditures	\$ (34,852)	\$ (61,175)



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