

# A **CRISIS** is a personal experience that can happen at any time.

You don't have to deal with it alone.



## Crisis Response Service

Help when you need it.

**CCEA's Crisis Response Service offers confidential support and counselling to people living or visiting in the District of East Algoma (from Spanish to Iron Bridge, including Elliot Lake).**

A crisis can be triggered by an unexpected event or loss (i.e. job/relationship). It might be something that you have been coping with for a while that you feel you can no longer manage, like stress at work or school, feeling alone, or thoughts of suicide. You may be having symptoms of depression, anxiety, other mental health concerns and/or addiction.

**By phone and in person. Your place or ours.**

**Through our partnership with Sault Area Hospital Crisis Line, services are available 365 days a year.**

## Call us, drop in, or have us visit you.

**Call us for help:** Weekdays 8:30am to 4:30pm - 705.848.2585  
After hours and weekends - 1.800.721.0077

**Drop in/In person:** 9 Oakland Blvd, Suite 2 (Elliot Lake), 8:30am to 4:30pm on weekdays. No appointment necessary. For those outside of Elliot Lake call to arrange a suitable location. 705.848.2585.

We will come see you at a safe location - home, school, shelter, treatment facility, or a familiar agency where you feel safe.

**After Hours:** Support is provided after 4:30pm on weekdays and all weekend long by calling 1.800.721.0077.

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## Drop In/ In Person:

9 Oakland Blvd, Suite 2 , Elliot Lake  
Safe and private. No appointment necessary. Drop-in,  
open weekdays (Mon. to Fri.) from 8:30am to 4:30pm.  
For those outside of Elliot Lake call to arrange a  
suitable location. 705.848.2585.

We will come see you at a safe location - home,  
school, shelter, treatment facility, or a familiar  
agency where you feel safe.

## By Appointment:

Call today and set a time  
An appointment will be arranged to accommodate  
your schedule and meeting location preferences. Safe  
and private.



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Supported by:



Detach this card and keep it on you.